



EMPOWERING PHILADELPHIA'S
FOOD & NUTRITION LEADERS
JOIN TODAY!

President's Message

A Note from Nikita Grove, RDN, LDN
President of Philly AND 2020-2021

Hi Philly AND!

I hope you all had a wonderful summer and are currently enjoying the fall foliage. This year has presented challenges in our lives and industry, encouraging us to progress towards a more inclusive and collaborative future. Together we are stronger and together we make up the Academy, so now more than ever it is important to get involved because change begins with you!

Given the circumstances of this year, we have adapted many of our events to be virtual. So far we have had successful events such as a virtual COVID coffee date, yoga at Fairmount Park and a virtual Journal Club. Thank you to all who were able to attend as we strive to be more visible in our community. Visit our [website](#) or [social media](#) platforms to learn more about our upcoming events! Be sure to follow us on Instagram @eatrightphiladelphia.

Some New News:

- The Academy has created a consumer protection tool known as the Incident Reporting Tool (IRT). This tool protects the public from harm by notifying authorities of misleading or unethical nutrition practices, and is further used to highlight the value of licensed professionals. Learn more about the IRT [here](#).
- AME 2020 is still available! You can earn 9 CEU's for \$69.99 within the comfort of your home as you can access it until May 2021. Click [here](#) for more information.
- AME 2021 is seeking volunteers to join their planning committee. For more information reach out to Alissa Smethers (Alissa.Smethers@gmail.com) or Maria Wolfel (mwolfel@maryu.marywood.edu).
- Don't forget to check out our Philly AND scholarship and PAND awards available to apply to today! See below for more details!*

Wishing you all a wonderful and safe holiday season!

Nikita Grove, RDN, LDN, President, Philly AND

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GET INVOLVED



Combat the Covid blues by staying involved & meeting new people

STAY CONNECTED & STAY TUNED FOR FUTURE EVENTS!

Join Philly AND for virtual YIN YOGA



This class is donation based
50% of all proceeds will go to an organization of
our choice. Participate in our survey to determine
who will receive our donation!

Donate via venmo to @Liz-Klosinski

Yin yoga is a slow-paced style of yoga that incorporates
poses that are held for longer periods of time

This deep meditative practice will be the perfect way to
destress from Thanksgiving!

For this class make sure to have a yoga mat and pillows
and/or blankets to support the longer hold of poses

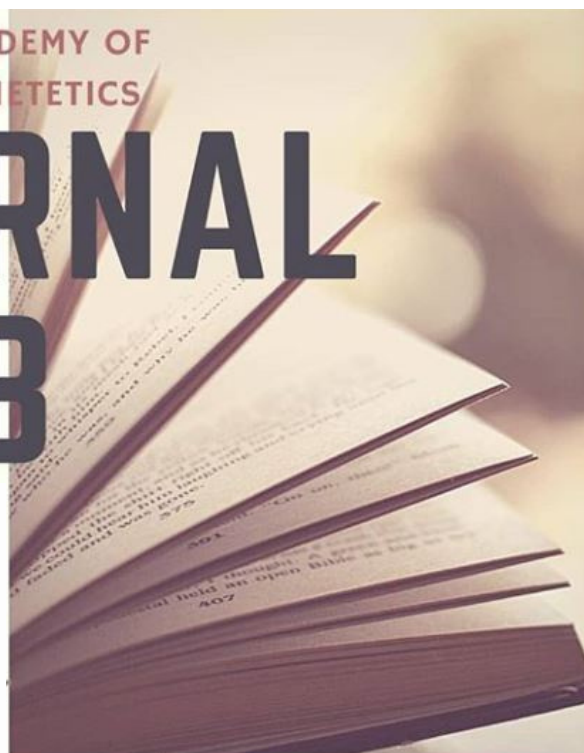
December 9th from 7:00 - 8:15 pm

Email ClaudiaHleapRD@gmail.com to sign up and
receive a zoom link for the class

PHILADELPHIA ACADEMY OF
NUTRITION AND DIETETICS

JOURNAL CLUB

Throw it back to
school & join us for
another
zoom-based journal
discussions early
2021!



Email becky.brossman1@gmail.com with journal ideas!

Philly AND wants to promote YOU and all the hard work you do! Do you want the opportunity to network with other dietitians in your field of dietetics OR share your nutrition-related business? If so, we would love to highlight you!

We are currently recruiting members to promote their jobs and businesses on our social media page. If interested, please fill out this [google form](#) to give us more information!

Not interested in posting about yourself? Nominate a hardworking RD friend!




FROM THE ACADEMY

INCIDENT REPORTING TOOL

“Documenting Stories of Success and Reporting Harm”

The Academy developed the Incident Reporting Tool to support its efforts to protect the public, enhance the quality of nutrition care and promote self-regulation of the profession. The IRT fills a critical gap in supplementing the documentation of noteworthy incidents in the provision of nutrition care services across the country. Patients, members of the general public and health care practitioners can now easily document examples of successful nutrition care, showing the value of qualified practitioners. In addition, incidents of harm or unethical practice can be submitted using the IRT. The IRT is very similar to the same tools used across the healthcare continuum by other organizations to document quality care and incidents of harm/unethical care.



The Academy/CDR Code of Ethics requires reporting cases of harm, and this tool provides a uniform and easy mechanism to do so and complements reports to state licensure boards. The information collected from the Incident Reporting Tool will be used to facilitate stakeholders and policymakers' understanding of the value of qualified RDN care, including elected leaders, federal and state agency officials, other health care providers and the public. The IRT directly contributes to the Academy's strategic plan, mission and policy goals, including to "leverage data to demonstrate effectiveness of dietetic and nutrition interventions."

 Academy of Nutrition
and Dietetics

Incident Reporting Tool



Protecting
Consumers.
Improving
Health.

[Click here to
access the tool](#)

Philly AND Scholarship Award

The Philly AND Scholarship Award provides a \$500.00 stipend to a student who is pursuing a degree in an ACEND-accredited Didactic or Coordinated program in Dietetics, Dietetic Internship, or graduate program with the intention to practice dietetics. The scholarship will be awarded to the student who can demonstrate commitment to the dietetic profession and exhibit leadership qualities as evidenced by volunteer activities in community organizations, campus activities or in other organizations. The student is also able to demonstrate respect for diversity including differences in culture, ethnicity, age, gender, race and religion

Contact: Julia Rovera, Philly AND Scholarship Chair: jmrovera@gmail.com

Deadline: Monday, February 22, 2021

[Scholarship Award Link](#)

Introducing Philly AND's New Diversity Scholarship!

This year Philly AND will proudly be rolling out a new \$500 diversity scholarship. Stay tuned for details!



Meet Your 2020-2021 Board

President - Nikita Grove

President Elect - Rachel Lee

Past President - Rebecca Boova

Secretary - Anita Anim

Treasurer - Matthew Whipple

Council on Practice Chair -
Phyllis LoDuca

Council on Practice Chair Elect
- Het Desai

Nominating Chair -
Becky Wojcik

Nominating Chair Elect-
Talía Follador

Public Policy Coordinator -
Emma Leister

Public Policy Coordinator Elect -
Rabiya Bowers

Membership Chair -
Claudia Hleap

Membership Chair Elect -
Rebecca Brossman

Social Media Representative -
Aubrey Redd

Public Relations Chair -
Emily Ruben

Scholarship Chair - Julia Rovera

Career Guidance Coordinator -
Gabe Longo

Student Rep - LaToya Johnson,
Lis Klonsinski, &
Kristina Thromopoulos

Delegate - Lisa Jones

Newsletter Chair - Elise Deming



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Check out our new website @
<http://eatrightphiladelphia.org/>